

Are the classes large - how many people are in it?

Many martial arts schools manage to squeeze 35 - 45 or more students into a small dojo with only one relatively inexperienced instructor to teach. Our classes are quite small with the average class size being around 25 students. We train in a very large dojo with good ventilation and a matt floor that is perfectly suited for Karate.

The advantage of small class sizes is obvious. You get much closer supervision and much more direct instruction compared to a class were 45 or more students practice.

In large classes the Master instructor will be able to correct, supervise and instruct everyone to the same degree as in small classes with asst instructors. Large classes also often demand a military-style of discipline to keep things in order, which can be stressful for students and instructors alike.

Smaller classes automatically tend to be more relaxed and focused on enjoying the experience rather than to "somehow get through training".